



FOURTH OF JULY SAFETY

PAGE 3



ARMY MEDICINE SHOWCASED

PAGE 6



LOCAL NURSE AT WARRIOR GAMES

PAGES 10-11

32nd Medical Brigade chooses Platoon Sergeant of the Year

By Esther Garcia
AMEDDC&S, HRCOE Public Affairs

Nine candidates representing the three battalions from the 32nd Medical Brigade, U.S. Army Medical Department Center and School, U.S. Army Health Readiness Center of Excellence at Joint Base San Antonio-Fort Sam Houston competed June 11-15 in the annual Advanced Individual Training Platoon Sergeant of the Year Competition.

In an awards ceremony held June 18 in Blesse Auditorium at Willis Hall, Sgt. 1st Class Samuel Enriquez, Company D, 232nd Medical Battalion, was named as top platoon sergeant. Col. Jack Davis, 32nd Medical Brigade commander, and brigade Command Sgt. Maj. David Franco presented Enriquez with the Army Commendation Medal and a bronze statue of a warrior.

"It was definitely fun, but at the same time, it was extremely difficult," Enriquez said. "I was surprised by just how much I was expected to know. It was a physically and mentally strenuous event."

The other eight candidates were Sgts. 1st Class Melinda Braithwaite, Company B; Owen Davis, Company E; Evelyn Pollard, Company F, 232nd Medical Brigade; Antwan Williams, Company C, 264th Medical Brigade; Staff Sgts. Amy Davis, Company D, 187th Medical Brigade; Rubinel Rivera, Company A; Mathew Maxwell, Company B; and Ethan Mergentime, Company D, 264th Medical Brigade.

Davis and Franco presented each competitor with the 32nd Medical Brigade Certificate of Achievement.

The competition was held on JBSA-Fort Sam Houston and JBSA-Camp Bullis and tested the competitor's physical and mental stamina, beginning with an in-brief and height and weight screening.



Photos by Esther Garcia

Sgt. 1st Class Samuel Enriquez, Company D, 232nd Medical Battalion, maneuvers a jump between logs at the Joint Base San Antonio-Camp Bullis obstacle course June 12. Candidates competed in 15 various obstacles during the Advanced Individual Training Platoon Sgt. of the Year competition June 11-15. Enriquez took the title of top platoon sergeant.



Staff Sgt. Mathew Maxwell, Company B, 264th Medical Battalion, dresses a wound on a mannequin with mock injuries during the Warrior Tasks and Battle Drills competition held on Joint Base San Antonio-Fort Sam Houston June 11-15.

See **PLATOON**, P12

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Prepare your car for extreme summer heat

With the dog days of summer upon us, high temperatures can take their toll on people, animals and even our vehicles. Extreme heat can push a vehicle past its limits and some drivers will find themselves stranded at the roadside because of it.

Here are five safety tips from the AAA to help vehicle owners safely survive high summer temperatures.

Heat zaps the life from batteries:

A potential summer problem is faster evaporation of the battery fluid, leading to corrosion on terminals and connections. Clean any corrosive build up from the battery terminals and cable clamps, and ensure the clamps are tight enough that they will not move. If a car's battery is more than three years old, it's a good idea to have it tested by a trained technician to determine how much longer it will last.

Keep your engine cool:

Automobile engines work extra hard in the summer, and it is the cooling system's job to protect the engine from overheating. In addition, additives in the coolant protect the radiator and internal engine components against wear and corrosion. Without proper cooling system maintenance, the odds

of long term engine damage, and a summer time boil over, definitely increase. Over time, engine coolant becomes contaminated and its protective additives are depleted. Coolant systems should be flushed and the coolant replaced periodically as recommended by the vehicle manufacturer.

Avoid excessive heat where the rubber meets the road:

Driving on under-inflated tires not only affects the handling and braking of a vehicle, it also can cause tires to overheat and increase the likelihood of a blowout. This problem becomes even more of a concern when road temperatures are extremely high. Tires should be inflated to the pressure recommended by the vehicle manufacturer – not the number molded into the tire sidewall. While checking the tire pressures – including the spare – drivers also should inspect the tire treads for adequate depth and any signs of uneven wear indicating a suspension or alignment problem.

Cars need fluids during extreme heat:

Engine fluids are essential to keeping a vehicle running smoothly. Most fluids not only lubricate, they also serve as coolants by



Photo courtesy AAA

With the dog days of summer upon us, high temperatures can take their toll on people, animals and even our vehicles. Extreme heat can push a vehicle past its limits and some drivers will find themselves stranded at the roadside because of it.

helping carry heat away from critical components. When fluid levels are low, this cooling effect is reduced, and the possibility of overheating increases. Drivers should check all vehicle fluids including motor oil, transmission fluid, power steering fluid and brake fluid to ensure they are filled to the appropriate levels. If any fluids need to be topped off, be sure to use the type of fluid specified in the owner's manual.

Cool passengers are happy passengers:

Maintaining a comfortable driving environment reduces fatigue, which can play an important part in driver alertness and vehicle safety. During extreme summer heat, a properly

operating air conditioning system can be more than just a pleasant convenience. If a car's air conditioning is not maintaining the interior temperature as well as it did in the past, it may mean the refrigerant level is low or there is another problem. Have the air conditioning system checked by a certified technician.

While many of the maintenance tasks to prepare a car for extreme summer heat are relatively simple and can be performed by the average driver, some are best left to a trained automotive technician.

Even with proper preventive maintenance, summer breakdowns can still occur, so AAA recommends every driver have a well-

stocked emergency kit in their vehicle. The kit should include water, non-perishable food items, jumper cables, a flashlight with extra batteries, road flares or an emergency beacon, basic hand tools and a first aid kit.

To learn more about car safety, visit the AAA website at <http://newsroom.aaa.com/2011/07/help-your-car-survive-the-heat> or contact the Joint Base San Antonio Fire Prevention Division offices at JBSA-Fort Sam Houston, 221-2727; at JBSA-Lackland, 671-2921; or at JBSA-Randolph, 652-6915.

(Courtesy AAA and the Joint Base San Antonio Fire Emergency Services Fire Prevention Office.)

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



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News Briefs

N. New Braunfels, Harry Wurzbach West Access Control Points Open In Mornings

The North New Braunfels Access Control Point, located by the Quadrangle, and the Harry Wurzbach West ACP, also known as the Pershing Gate, is open from 5:30-8:30 a.m. Mondays through Friday, except on federal holidays, according to the 502nd Security Forces Squadron.

31st Annual Fourth Of July Patriotic Ceremony

The Order of Granaderos y Damas de Gálvez hosts the 31st Annual Fourth Of July Patriotic Ceremony from 10-11 a.m. Saturday at the Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Road. The ceremony is free and open to the public and includes a special musical presentation by a fife and drum corps, roll call of the 13 colonies with the firing of muskets, keynote speech by the commander of the 323rd Army Band "Fort Sam's Own," a three-volley rifle salute honoring all veterans, wreath laying for all who defended freedom and the playing of "Taps" for all fallen U.S. service people. For more information, visit <http://www.Facebook.com/GranaderosDeGalvez>.

New Joint Base San Antonio Website

The Joint Base San Antonio website has a new look and includes easier access to family-related resources. Visit the new site at <http://www.JBSA.mil>.

Traffic Flow Altered Near Fort Sam Houston Elementary

The traffic flow at the intersection of Nursery and Williams Roads near Fort Sam Houston Elementary School on Joint Base San Antonio-Fort Sam Houston will be altered through Aug. 23. The project realigns the intersection from a "Y" intersection to a 90-degree intersection, which JBSA civil engineers said will improve traffic flow and safety. Since this construction is timed to take place during the Fort Sam Houston Independent School District summer vacation, it should have negligible impact on the school. Provisions will be made for the shoulders alongside Nursery and Williams Roads to be used as vehicle lanes to allow traffic to continue to flow in both the northbound

Stay safe during Fourth of July excitement

By Jose T. Garza III
JBSA-Lackland Public Affairs

Americans love fireworks, especially on the Fourth of July in celebration of the nation's Independence Day. So much so, that consumer fireworks revenue totaled \$695 million in 2014, up 95 percent from 2013, according to the American Pyrotechnics Association.

"Using consumer fireworks on our nation's birthday is as traditional as cookouts and parades. It is equally safe if a few common sense rules are followed," said Nancy Blogin, president of the National Council on Fireworks Safety. "We want consumers to be safe from beginning to end when enjoying their fireworks. We want there to be a safe place to shoot, to have a designated shooter that takes responsibility for the show and to have the fireworks disposed of properly."

Active duty Airmen and on-duty Air Force civilian personnel may not take part in the transportation, storage, set up or functioning of commercial fireworks on base, according to Air Force Manual 91-201, paragraph 7.22.1, said Michael Horstman, Joint Base San Antonio weapons safety manager.

"Military personnel are permitted to watch fireworks, but not allowed to be involved in any other aspect of the transportation, storage or use of the fireworks," Horstman said. "Involvement includes purchasing fireworks and holding on to them for someone

to shoot them off or transporting them in your own vehicle to a location for someone else's use."

Parents and caretakers should supervise children and teens during firework-related activities, since an average of 240 people visit the emergency room with firework-related injuries during the Fourth of July weekend, according to the United States Consumer Products Safety Commission. Sparklers can burn at temperatures of about 2,000 degrees, which is as hot as a blowtorch and hot enough to cause third-degree burns.

There are eight designated areas in Bexar County where patrons can shoot fireworks (<http://gov.bexar.org/fm/News/Fireworks2010.pdf>) People caught setting off fireworks in undesignated areas are subject to a \$1,000 fine and up to 180 days in jail.

"Avoid using homemade fireworks and illegal explosives because they can be deadly," Horstman said. "One fuse can last three seconds and another fuse can last half a second."

Horstman also recommends that illegal explosives, like M-80s and "quarter sticks" be reported immediately to local police and fire departments.

Never relight a "dud" firework ... wait 20 minutes then soak it in a bucket of water. In fact, Horstman recommends that all used fireworks be soaked in water before placing them in an outdoor garbage can.

"The residue from the firework is going to remain hot for a while," Horstman said. "If you pick up the firework and immediately throw it in the trash, everything in the garbage can could catch fire."

Know your fireworks and read fireworks instructions before shooting them off. According to the U.S. CPSC website, 36 percent of firework-related injuries occur on hands and fingers 22 percent on heads, faces and ears, with 16 percent in the eyes and five percent on the arms.

"Consumers should be aware of where their fireworks come from; only buy from licensed stores, stands and tents." Blogin said. "A

designated shooter should prepare a shooting area, carefully read the label of each firework and understand exactly what the firework will do and refrain from consuming alcohol. Planning makes for a safe and fun backyard fireworks display."

Fireworks display observers should stand or sit 50 feet from the ignition and the person igniting the fireworks should turn their back immediately and walk away briskly following it.

The National Fire Protection Association recommends the safest way to enjoy fireworks is to attend a public display conducted by trained professionals.

"Fireworks are dangerous and unpredictable, especially in the hands of amateurs," said Judy Comoletti, NFPA's Division Manager of Public Education. "The few seconds of pleasure those fireworks may bring are not worth the risk of injury, permanent scarring or even death."

502ND ABW COMMAND CHIEF MASTER SGT. PERRY RETIRES



Photo by Johnny Saldívar

Brig. Gen. Bob LaBrutta (left), 502nd Air Base Wing and Joint Base San Antonio commander, presents former 502nd ABW and JBSA Command Chief Master Sgt. Alexander Perry his certificate of retirement at the JBSA-Lackland Gateway Club June 24. Perry retired after 29 years of Air Force service, which included more than 16 assignments in various roles such as commandant of the Air Force Senior NCO Academy and lastly as the command chief for the 502nd ABW, the largest single installation support enterprise within the Department of Defense, supporting more than 90,000 military and civilians employees. As the command chief he also served as the principal advisor to the 502nd ABW and JBSA commander for installation support functions to the three primary JBSA locations. Perry is originally from Pittsburgh and joined the Air Force in 1986 as an environmental medicine specialist. Chief Master Sgt. Stanley Cadell will succeed the outgoing command chief.



San Antonio-based 4th Sustainment Command (Expeditionary) says farewell

By Staff Sgt. Nina Ramon
4th Sustainment Command
(Expeditionary) Public Affairs

The largest Army Reserve command in Texas gathered at the Alamo Heights Junior High School Auditorium for a farewell ceremony June 20.

Friends, family and members of the San Antonio and military community gather to bid farewell to Brig. Gen. Kenneth Jones, the 4th Sustainment Command (Expeditionary) commanding general, Command Sgt. Maj. Paul C. Swanson, 4th ESC command sergeant major, and more than 200 Soldiers.

The 4th ESC, a subordinate command of the 79th Sustainment Support Command, is deploying overseas in support of Operation Enduring Freedom to provide operational-level sustainment support to the 1st Theater Sustainment Command.

It has been more than three years since the command last engaged in overseas operations.

The farewell ceremony concluded with the casing of the command colors and a reception with family and guests. The 4th ESC is at Fort Hood, Texas, to conduct their mobilization training in preparation for the road ahead.



Photo by Capt. Valerie Palacios

Brig. Gen. Kenneth Jones (left), 4th Sustainment Command (Expeditionary) commanding general and Command Sgt. Maj. Paul C. Swanson (right) case the 4th ESC colors to accompany the unit on its upcoming deployment. Friends, family and members of the San Antonio and military community gathered to bid farewell to the unit June 20 at Alamo Heights Junior High School.

USO, TEXAS CATTLE WOMEN'S ASSOCIATION SUPPORT TROOPS



Photo by Sgt. 1st Class Shamon Hale

Students assigned to the 32nd Medical Brigade attending medical training pet a miniature horse May 9 at a day of activities and a barbeque in Atascosa, Texas. Hosted by members of the United Service Organization and the Texas Cattle Women's Association, students and cadre from the brigade at Joint Base San Antonio-Fort Sam Houston enjoyed activities such as the horseshoe pits, petting animal sections, and other cattle ranch activities.

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News Briefs

Continued from P3

and southbound directions during construction. Once traffic is diverted to the shoulders, the construction contractor will close the main lanes of Nursery and Williams Roads to rebuild the intersection. Biesenbach Road, in front of the school, will carry eastbound and westbound traffic between Nursery and Williams Roads.

Harry Wurzbach East ACP, Towers Intersection Blockages

Motorists entering Joint Base San Antonio-Fort Sam Houston through the Harry Wurzbach East Access Control Point are asked not to block the driveways at the Towers of Park Lane. This ensures the safety of the Towers residents and other motorists, according to the 502nd Civil Engineer Squadron. Those who stop in the marked cross-hatching could receive a ticket. For more information, call 295-4784.

Stray Animals Notice For JBSA-Fort Sam Houston Residents

Many stray or roaming animal sightings are near residences. The stray or roaming animals are seeking food, water and shelter. Although this is not necessarily a housing problem, housing officials ask that residents refrain from feeding any animal that does not belong to them or that is running wild on Joint Base San Antonio-Fort Sam Houston. If stray or roaming dogs in housing areas or entering the installation are seen, call the 502nd Civil Engineering Squadron service call desk at 671-5555 as soon as possible. Civil engineers will set traps for the strays and remove once the strays have been caught. If a wild animal is seen, keep away and make sure that no one is leaving food or water near housing areas. In addition, call Lincoln Military Housing at 221-0948 to have pest control service place a trap.

Closure of Ludington Road

Ludington Road, located in the industrial section of the southeast corner of Joint Base San Antonio-Fort Sam Houston, will be closed through Feb. 10, 2016, to rebuild the road. Access to the Army South organizational parking area will be from Parker Hill Road through the 502nd Civil Engineer Squadron Operations storage yard. Access to the Tactical Equipment Maintenance Facility, building 4115, will be restricted to contractors only.

Surgeon general showcases Army Medicine for Civilian Aides to Secretary of the Army

By Lori Newman
BAMC Public Affairs

Lt. Gen. Patricia D. Horoho, the Army surgeon general, hosted a group of Civilian Aides to the Secretary of the Army, or CASAs, here June 16-17 to discuss the role Army Medicine plays and how it affects the lives of Soldiers, veterans, retirees and their families.

CASAs are business and community leaders appointed by the Secretary to advise and support Army leaders across the country. They are special government employees who agree to serve as representatives of the Secretary of the Army without salary, wages or related benefits, and are afforded a three-star protocol status.

Horoho said it was an honor to host the civilian aides and showcase Army Medicine.

"These are community leaders who have so much of a platform to be able to be a voice for our Army," the surgeon general said.



Photo by Lori Newman

Lt. Gen. Patricia D. Horoho (second from right), the Army surgeon general, addresses a group of civilian aides to the Secretary of the Army and wounded Soldiers June 17 at the Warrior and Family Support Center on Joint Base San Antonio-Fort Sam Houston.

"To be able to expose them to the Medical Command, the strength of Army medicine, health readiness, our medical capabilities, and how we care for our warriors is very, very

important. They can go out and be ambassadors for our Army and Army Medicine," she explained.

CASAs disseminate information about the Army's objec-

tives, roles, requirements and major programs to the public through speeches, personal contact and participation in

See **SURGEON, P17**

SOLDIERS, CIVILIAN CELEBRATE RETIREMENT



Photo by Sgt. 1st Class Wynn Hoke

The monthly Consolidated Army Retirement Ceremony was held at the Quadrangle on Joint Base San Antonio-Fort Sam Houston June 25 with Maj. Gen. Jimmie Keenan, U.S. Army Medical Command, presiding over the ceremony that saw 23 Soldiers and one civilian retire from military service. Retiring were (from left) Col. Larry J. Hanson, Army Medical Department Center and School; Col. James M. Francis, Brooke Army Medical Center; Col. Anthony J. Johnson, U.S. Army Institute for Surgical Research; Col. Kelly L. Snyder, 139th Medical Brigade, Independence, Mo.; Col. Martin P. Curry, BAMC; Col. Walter "Tripp" Jensen III, Third Army/U.S. Army Central; Lt. Col. Robert "Chris" Conrad, 32nd Medical Brigade; Lt. Col. James F. Murph, U.S. Army South; Maj. Bryan C. Pickeral, 32nd MED BDE; Maj. Annette Williams, Marion Military Institute, Marion, Ala.; Capt. Elmo Orta, Military Entrance Processing Station, Syracuse, N.Y.; Wayne G. Wanner, U.S. Army Medical Command; Command Sgt. Maj. Douglas Adams, 413th Contracting Support Brigade, Fort Shafter, Hawaii; Master Sgt. Patty A. McFarland, Warrior Transition Battalion; Sgt 1st Class Angel A. Ballester, 20th CBRNE Command, Aberdeen Proving Ground, Md.; Sgt 1st Class Rolando M. Bazaldua, 2-2 Stryker Brigade Combat Team, Joint Base Lewis-McChord, Wash.; Sgt. 1st Class Joe Ordonez, BAMC; Sgt. 1st Class Gabriel Martin, WTB; Sgt. 1st Class Graciela Flores, 264th Medical Battalion; and Staff Sgt. Adam F. Peterson, 187th Medical Battalion.

JBSA veterinary facilities sustain military working dog mission, community pet wellness

By Senior Airman
Alexandria Slade
JBSA-Randolph Public Affairs

Along with offering preventative health care services for the pets of Joint Base San Antonio military members, the three JBSA veterinary facilities are also responsible for ensuring America's four-legged Airmen are healthy and physically able to respond to emergencies domestic or abroad.

"Military working dog support is very similar to the medical and readiness support of an active duty Soldier," said Army Capt. Ambre Gejer, South Texas Branch Veterinary Services chief. "My job is to make sure that those canines are fit and

ready to deploy. We also help train their handlers on how to apply canine first aid in a battlefield setting."

Military working dogs are just one group of animals under the umbrella of JBSA veterinary care, along with the horses of the caisson section and various species within the Quadrangle at JBSA-Fort Sam Houston.

Military working dogs are the reason that on-base services are available for pet owners, said Army Sgt. Justin Garner, JBSA animal health technician.

"It's our job to make sure that the military working dogs are in tip-top shape so that they can protect our military members down range," Garner said. "They

are our main mission, and without them, the capability to also take care of privately owned animals would not be available."

As for pet needs, the JBSA veterinary staffs provide basic care to the cats and dogs of active duty, Reserve and retirees for a slightly lower price than off base clinics that offer the same assistance.

Families in need of specialty support for dogs and cats or for small mammals and reptiles are encouraged to take their animals to an off-base vet who can provide these services, Gejer said.

At JBSA-Randolph and Lackland, basic needs, such as vaccines, heart worm testing, nail trims and exams

are available, while at JBSA-Fort Sam Houston, pet owners also have the option for more extensive care such as bloodwork and x-rays.

According to Gejer, if families are moving on base, the following are requirements for pets:

- All pets must be registered. Medical records and a basic description of the pet must be brought in to the local clinic. The information is also available in the system at all three locations.
- All pets must be microchipped both on base and according to the San Antonio city ordinance.
- All pets must have up-to-date vaccinations and a heartworm exam.

"If military members have pets that they have

to worry about, they are less focused on the mission," Garner said. "We want to provide care for these pets because they are members of their families too."

Individuals can call their local clinic both to review the current office schedule, which can fluctuate according to veterinarian availability, and to make an appointment for their pet. Appointments can be made two weeks to a month in advance.

Appointments and services will be limited at the JBSA-Randolph vet clinic through July due to a reduced staff. At this time, surgical services for privately owned animals are not available at JBSA veterinary facilities.

To make an appoint-

ment at the JBSA-Randolph vet clinic, call 652-3190; for JBSA-Lackland, call 671-3631 and for the JBSA-Fort Sam Houston Veterinary Treatment Facility, call 808-6101.

Families moving out of the local area should notify Melinda Pruitt at the JBSA-Fort Sam Houston Veterinary Treatment Facility six months in advance of the move or as soon as possible, Gejer said. Some assignments such as Hawaii and Japan have special requirements to fulfill in order to in-process smoothly and avoid a pet being placed in quarantine upon arrival.

To contact Melinda Pruitt about the out-processing of a pet, call 295-4019.

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Contract experts discuss cost, pricing techniques

By Daniel P. Elkins
MICC Public Affairs Office

Contracting professionals from across the command met at Joint Base San Antonio-Fort Sam Houston June 23-25 for a cost and price workshop conducted by headquarters officials at the Mission and Installation Contracting Command.

Participants in the workshop are contract specialists, contracting officers, cost and price and procurement analysts. They represent the command's three contracting support brigades at JBSA-Fort Sam Houston and Fort Hood, Texas; Fort Bragg, N.C.; as well as the field directorate office at Joint Base Langley-Eustis, Va.

Annette Logan, a contract specialist at the MICC headquarters who is helping facilitate the workshop, said the workshop will cover use of recently developed MICC pre-negotiation objective memorandum and price negotiation memorandum guides.

"Training will focus on documentation of price reasonableness for non-competitive contract awards including contract modifications. The training will also address documentation of contract actions conducted under simplified acquisition procedures," Logan said. "Additionally, it will cover documentation of price reasonableness for competitive contract actions including the process and documentation

for cost realism when awarding cost contracts."

Raul Guerra, a cost and price analyst at the MICC headquarters, said the workshop also includes an overview of applicable regulations and cost and pricing techniques. Hands-on participation based on case study scenarios will cover a significant portion of the workshop.

He added that organizers plan to use this week's feedback from the case study scenarios to perfect sample documents for practical application across the MICC.

Cost and price analysts are responsible for evaluating contractor proposals and providing recommendations to contracting officers as to the reasonable-



Photo by Ryan Mattox

Brig. Gen. Jeffrey Gabbert (left) provides opening remarks to members at a cost and price workshop June 23 at the Mission and Installation Contracting Command on Joint Base San Antonio-Fort Sam Houston. Seventeen members made up of contract specialists, contracting officers, cost and price and procurement analysts from throughout the command are attending the three-day workshop. Gabbert is the MICC commanding general.

ness of the costs associated with elements of a contract proposal.

Elements evaluated may include material, labor, contractor overhead and

profit to ensure taxpayer dollars are used most efficiently.

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Military medical leaders express concerns over health care reform

By Terri Moon Cronk
DOD News, Defense Media Activity

Senior Department of Defense medical leaders addressed health care reform on Capitol Hill June 11, expressing concern over potential impacts on military medical readiness and overall readiness.

Appearing before the House Armed Services Committee's military personnel subcommittee were Dr. Jonathan Woodson, assistant secretary of defense for health affairs, and top medical officials from the services: Army Lt. Gen. Patricia D. Horoho, Air Force Lt. Gen. (Dr.) Mark A. Ediger and Navy deputy surgeon general Rear Adm. (Dr.) C. Forrest Faison III.

Military health care reform was examined as part of the overall Military Compensation and Retirement Modernization Commission, which sent its recommendations to President Barack Obama in January.

"We agree with the commission's findings of overarching challenges facing military medicine and concur with many recommendations," Woodson said, adding that some of its recommendations are now in place.

Woodson described

strategies that are now in place to make the military health care system "better, stronger and more relevant for the future," and stressed the critical nature of military readiness, ensuring quality health care and using money wisely in the Military Health System.

"We've undertaken a comprehensive review of our medical infrastructure and resources," he said, "and we've presented a modernization plan that proposes to place our most-skilled professionals in the military communities where they are likely to keep those skills sharpest."

The Military Health System has reformed governance and stood up the Defense Health Agency to enhance collaborative work affordably among the three medical services, Woodson told the panel. "We're making it easier to access care in the system by focusing on quality, safety and making performance data more transparent," he said.

Woodson said he agrees with commission's recommendation to reform the TRICARE military health plan, and told the panel that work is already underway.

The surgeons general said that while they sup-

port the objectives of the commission's findings, they have concerns about elements that threaten readiness and military medical skills.

"Fewer than one of five service members evacuated from Iraq and were injured in battle," Horoho noted. "During Operation United Assistance, the major threat to soldiers was endemic infectious diseases. The Army already uses joint infrastructures ... for medical readiness. The Army does not support establishing a four-star readiness command," a commission recommendation and a point echoed by Ediger and Faison.

Though the surgeons general support affordable health care and increased choices for patients, "to establish TRICARE choice would negatively impact the readiness of our entire health care team and present financial challenges for active-duty families and retirees" Horoho said.

"To put military treatment facilities in competition with the private sector would drive up administrative costs and significantly detract from the operational mission of our medical facilities," Ediger agreed.

The Air Force surgeon

general said requiring airmen and their families to "navigate a complex system of insurance marketplace on a recurring basis" could increase their stress.

"The Military Health System is working hard to recapture its [patient] workload into the direct-care system," Faison said, adding that offering commercial insurance to military patients would compete with that goal.

"Nonactive-duty beneficiaries comprise 67 percent of our total beneficiary population, 83 percent of our inpatient care and 79 percent of our high-acuity workload," Horoho emphasized.

"These patients are vital to sustain our graduate medical and health professionals' education programs," she said. "The

loss of these inpatients from our direct health-care system would pose tremendous risk to our training and negatively impact our medical forces readiness posture."

Ediger and Faison agreed that the lack of military patients would harm medical training and affect overall readiness.

"We believe resilient families with excellent health care support greatly enhances the resilience of all of our airmen," Ediger said. "Significant progress in the Military Health System, as Dr. Woodson pointed out, has occurred. And we are a progressive system of health and readiness as a result."

"We need to recognize what sets us apart from civilian medicine: that

we are a rapidly deployable, fully integrated medical system," Faison said. "This allows us to support combat casualty care with unprecedented battlefield survival rates."

"The Army needs a medically ready force," Horoho said, with Ediger and Faison in agreement. "Commanders need to know ... soldiers will be ready to deploy," she added.

"When wounded soldiers hear the rotor blades of a medevac helicopter, they need to continue to have confidence that our providers are trained and ready," Horoho said. "Any radical departure presents significant risk to a system that has produced record levels of both combat casualty survival and readiness."

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Local nurse beats cancer, competes at Warrior Games

By Shannon Collins
DoD News, Defense Media Activity

Army Capt. Kelly Elmlinger, a fierce competitor, mother and cancer survivor at Brooke Army Medical Center on Joint Base San Antonio-Fort Sam Houston, competed in all of the women's wheelchair track events and all of the women's classified swimming events at this year's Department of Defense Warrior Games held at Marine Corps Base Quantico, Va., June 19-28.

Elmlinger, a disabled nurse, said there weren't any female wheelchair track racers at last year's Warrior Games, so she raced against the men and earned silver medals in the 100-meter, 200-meter, 400-meter and 1,500 meter races. She also earned gold medals in the women's classified 50-meter freestyle, 50-meter backstroke and 100-freestyle.

"I just wanted to compete; I didn't care about the medals. It went much deeper than that. It was about representing all of the support and help of the people who got me to that point," Elmlinger said. "These competitions are more about the celebrations of everyone at their own point in life and celebrating the goals and the gains that

you've made to get to that point."

At the Invictus Games in London from Sept. 10-14, 2014, Kelly earned gold medals in the 100-meter and 400-meter women's wheelchair races. She also earned a gold medal in the women's shot put and a silver medal in discus. For cycling, she earned a gold medal for the time trial and a silver medal for the road race. For swimming, she earned a silver medal for the 50-meter backstroke and took fourth place in the 50-meter free stroke and 100-meter free stroke.

Elmlinger's parents said they were very excited to attend the Invictus Games, but that they were not surprised by their daughter's accomplishments at both the Invictus and Warrior Games.

"When I first saw her competing, it took my breath away because I had seen her compete many times, but never in that capacity. But I'm very proud of her and all of the wounded warriors. It's wonderful that they all get out there and compete," Berti Elmlinger said of her daughter's competitive spirit.

Growing up in Attica, Ohio, Elmlinger and her three siblings all went to state competitions for track and field and cross-country and played basketball in



Photos by E.J. Hersom

Army Capt. Kelly Elmlinger performs laps in her race wheelchair at Joint Base San Antonio-Fort Sam Houston while training for the 2015 Department of Defense Warrior Games.

high school. She said she joined the Army on Veterans Day, her favorite holiday, after talking to her cousins who had served and seeing footage on Operation Desert Storm.

She said she wanted hands-on experience and became a medic with the 82nd Airborne Division at Fort Bragg, N.C. She served as a medic during two deployments to Iraq and a deployment to Afghanistan, then decided to become a nurse so she could work with wounded warriors at Brooke Army Medical Center.

"I enjoyed it, and they probably provided me more than I provided them in terms of encouragement and inspiration," Elmlinger said. "I've met a lot of good friends through taking care of them as they were getting ready for their prosthetics. I enjoyed taking care of them."

Elmlinger ran the Army 10-Miler, earned her jump wings, and ran a marathon on Veterans Day in under four hours, but she had just missed the qualifying time for the Boston Marathon and was training for a triathlon when she had a nagging pain in her leg looked at.

In March 2013, Elmlinger was diagnosed with synovial sarcoma, a rare soft-tissue tumor found in her lower leg, next to her tibia. She worked with her orthopedic oncologist on limb salvage and had nine

surgeries. She was treated on the same hospital floor she had worked on before.

Elmlinger said she first thought of her daughter, Jayden, 6, and then of her career.

"The only thing I cared about after the doctor told me I had cancer was just make me a mom," Elmlinger said, her voice quivering. "I didn't care what they did to my leg. I didn't care what I had to go through. Jayden is my driving inspiration. She's why I get up every morning, why I challenge myself, why I continue to set goals and why I want to continue to be a better person. She's athletic and a bit of a challenge; I feel like I'm raising myself sometimes, but I love her."

Elmlinger said she wouldn't have made it through those hard times without the support of her family and friends.

"Everybody in my family took turns coming down here from Ohio to stay with me and help me out and get me back and forth to appointments and I had a lot of support from co-workers and close friends. I've been very blessed to have some great individuals in my life to help me out," she said.

Elmlinger particularly credits former BAMC registered nurse Army 1st Lt. Todd Yost with helping her out.



Army Capt. Kelly Elmlinger prepares her stocking for her lower-leg prosthetic at Joint Base San Antonio-Fort Sam Houston while training for the Department of Defense Warrior Games 2015.

"Todd was my supervisor, and he was a great mentor, co-worker and became one of my best friends," Elmlinger said. "I don't know why we went through the experiences we did, but if it wasn't for him, I wouldn't be the officer I am today. I owe him my life."

Yost said he was just being a good friend.

"I was in Afghanistan when she sent me an email saying, 'Hey, I'm in the hospital. They've done some tests. They found something in my leg.' I called her to see how she was doing and to let her know I was thinking about her," he said. "It was very difficult news to take because since the first day I met her, she's always been a go-getter, always motivated, trying to do the best job she can and always competitive, trying to be the best."

Elmlinger's father, Mark Elmlinger, said he and his wife were out shopping with Jayden in Ohio when they got the news.

"It was like getting hit in the stomach," he said. "But she's a fighter, like my mother, who's 96 years old. She just keeps going. And it was an honor and privilege to take care of Jayden while she was recovering."

Medically retired Sgt. Aaron Stewart, a flight operations sergeant who served in the Army for eight years, was Elmlinger's best friend, roommate and former Warrior Games teammate. Elmlinger was there for him, Stewart said, when he was recovering from his own injury. Stewart has a back and shoulder injury and post-traumatic stress. Stewart competed last year in the Warrior Games and Invictus Games.

"We met at the Army Trials and she's intimidating," Stewart said of Elmlinger. "But the more you get to know her, the tough exterior kind of goes away and she's just the nicest person to be around. When I got out of the military, I was homeless and living in my car in parking garages and hotel parking lots. Being the kind person she is, she offered up her home to me. I had no place to go.

"And it's not just having a place to live," he continued. "I know any time, day or night, I can go to her with any of my problems. She'll listen to me. She provides so much support. I really can never repay her for the impact she's had on my life."

Ever the athlete, Elmlinger fought through her recovery as quickly as she could and impressed her supervisors in doing so.

"Resiliency is all about your ability to bounce back, and Kelly has done nothing but bounce back from all the adversities



Photos by E.J. Hersom

Elmlinger reacts to a story being told about her by her best friend, retired Army Sgt. Aaron Stewart, at her home in San Antonio June 10. In the foreground are medals Elmlinger has earned in adaptive sports.

she's been through, from her surgeries to her diagnosis, having to deal with the treatments that she had to go through and still being a mom at the same. She never missed a beat," said Air Force Lt. Col. Nancy Johnson, surgical orthopedic ward officer in charge at the San Antonio Military Medical Center.

"She's a great educator, and she has goals beyond a lot of us without handicaps. Kelly is one of those people who we all strive to emulate and even I, who's been in the Air Force for 20 years, know that Kelly has had such a huge impact on my life and my career."

"Kelly represents resiliency at every level, overcoming not only her set of challenges or adversities that brought



Elmlinger (right) hugs Stewart after her promotion ceremony at the San Antonio Military Medical Center June 12. Elmlinger is in remission from cancer and will transition from the Warrior Transition Battalion back to San Antonio Military Medical Center as a nurse administrator.

her here, but much more than that," said Col. Eric Edwards, chief of staff of U.S. Army Medical Department Center & School at JBSA-Fort Sam Houston. "We know that she's an athlete but she's also a devoted mother and colleague. She's also a very humble individual and became a captain when promotion percentages were among the worst in the Army Nurse Corps at 61 percent this year."

Edwards said he's "very proud" of Elmlinger's achievements in spite of adversity.

"She really is what resilience is all about," said Army Staff Sgt. Philip Seale, Warrior Transition Battalion squad leader, Bravo Camp, JBSA-Fort Sam Houston. "She's the soldier I wish everyone was."

Elmlinger is motivated, driven and responsible, Seale said.

He added, "She's a mother and a soldier at the same time. She doesn't let her disability stop her from getting to the next step or from always moving forward, and maybe that's just so ingrained in her that she's always been that way."

Elmlinger has "had some dark times, but she's willing to be frank with that, and that's what makes her so human and so admirable – the fact that she's willing to show that vulnerability – and I'll miss her," Seale said.

During her recovery, Elmlinger found out about the JBSA-Fort Sam Houston Warrior Transition Battalion's Soldier Adaptive Reconditioning Program and started her athletic training. She uses

a prosthetic on her leg and is able to walk day-to-day but can't run any more, so through Texas Regional Paralympics Sport, she learned about wheelchair racing on the track.

"My heart was really into running, and I can't run, so they fitted me for a wheelchair," Elmlinger said. "It was a steep learning curve at first, but I enjoyed being back out on the track and back out on the road like I was back in that running element again. It helped me get back to feeling like me again. Running had been such a big part of my life. Adaptive sports have been very beneficial for me."

Elmlinger credits her success to her support network.

"Without a doubt, I would not have gotten to this point had it not been for my family, my friends, my colleagues and peers," she said. "From my mom and dad raising all of us and the foundation they gave us, to all ups and downs throughout my career and in the past couple of years, and to all of those people who encouraged me in those moments that I've learned from and became stronger from and then now, I just want to say thank you."



Elmlinger (left) gets a kiss from her daughter, Jayden, 6, shortly before her promotion ceremony at San Antonio Military Medical Center June 12.

4 x 9.75 AD

PLATOON from P1

The heat did not deter the candidates as the second day began with a 4-mile cadence run, where all competitors took turns calling cadence for the group for esprit de corps, a basic rifle marksmanship qualification on an M4 and M16A2 rifle and Warrior Tasks and Battle Drills. This is where candidates were tested on performing 10 warrior tasks and instructing four tasks such as instructing Army combatives and treating a mannequin with mock injuries by controlling bleeding with a tourniquet and dressing, treating a chest wound and moving the casualty to a litter for evacuation.

The day concluded with an essay about what makes them proud to be an AIT platoon sergeant.

The competition at JBSA-Camp Bullis began at 4:30 a.m. with an 8-mile foot march, and continued with day land navigation and an obstacle course including rope and wall climbs, balancing logs, jumping and weaving in between logs.

That day concluded with a hand grenade course, where each competitor had to loft two grenades from various throwing positions and cover to engage their target.

The next part of the competition included an appearance before a board. The panel consisted of first sergeants from the 32nd Medical Brigade who asked questions about items platoon sergeants frequently encounter in their day-to-day duties with trainees such as appearance of uniforms, Army support programs and AIT policies. The competition wrapped up with a uniform inspection on Soldiers in various uniforms and a platoon-



Photo by Esther Garcia

Staff Sgt. Amy Davis, Company D, 187th Medical Battalion, enjoys a break with her Meal-Ready to Eat during the Advanced Individual Training Platoon Sergeant of the Year competition held June 11-15 on Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis.

in-ranks inspection and marching a platoon using proper drill instruction techniques.

Davis had some advice for future competitors.

"I would tell future competitors to focus on refreshing on Warrior Tasks and Battle Drills," Davis said. "That was the most challenging for me, because I do not train my students on them. I have not seen a claymore mine or a grenade since basic training and that was 13 years ago."

Enriquez will represent the AMEDDC&S, HRCoE at the U.S. Army Training and Doctrine Command AIT Platoon Sergeant of the Year competition at Joint Base Langley-Eustis, Va., in September.

When asked how he felt about winning he said, "At first, I was simply glad to represent Delta Company, 232nd Medical Battalion. I wanted to succeed, but to actually win was a bit of a shock. Now that I'm representing AMEDDC&S, I really want to win. I understand it will be hard, but I want to live up to expectations and bring distinction to the AMEDDC&S."

Army opens 20,563 engineering positions to women

By David Vergun
Army News Service

Military Occupational Specialty 12B, Combat Engineer, is now open to all female enlisted Soldiers of all components, according to Army Directive 2015-27.

The June 16 directive from Army Secretary John M. McHugh makes available 20,563 additional positions for women and opens the last of the 16 engineer MOSs, which were closed to women.

The only positions not open to women in engineering are in certain special operations units.

Female officers were previously assigned as combat engineers

“to provide a support network for junior female Soldiers and to offer advice to the unit’s male leadership,” said McHugh, who signed Army Directive 2014-16, June 17, 2014, making that happen.

Col. Linda Sheimo, chief of the Command Programs and Policy Division at the Directorate of Military Personnel Management, Army G-1, said the decision to open these positions to female Soldiers was made after U.S. Army Training and Doctrine Command completed extensive validation studies.

“The Army remains on the cutting edge of determining scientifically-based occupational accessions standards

for all military occupational specialties,” Sheimo said. “Validating these physical standards enhances our ability to predict an applicant’s ability to perform the critical, physically demanding tasks of MOSs.”

Women, as well as men, who do not meet the standards, will not be allowed into MOS 12B, or, for that matter, any other MOS, she emphasized. She explained that the standards are, and will remain, fair and transparent.

“The Army’s plan is to continue removing barriers to allow the best-qualified Soldiers to serve in any position, where they are capable of performing to standard,” Sheimo



Photo courtesy of the U.S. Army Sapper Leaders Course
Soldiers helocast into Lake of the Ozarks during the U.S. Army Sapper Leaders Course at Osage Beach, Mo. Female enlisted Soldiers can now become combat engineers.

said. “This is about enhancing force capability and readiness while retaining the trust and confidence of the

American people in our Army’s ability to defend the nation.”

The seven skill identifiers in MOS 12B are:

2C (Javelin Gunnery), 6B (Reconnaissance and Surveillance Leaders Course), B6 (Combat Engineer Heavy Truck), D3 (Bradley Fighting Vehicle Operations and Maintenance), J3 (Bradley Infantry Fighting Vehicle, or BIFV, System Master Gunner), K9 (Combat Engineer Mine Detection Dog Handler), and S4 (Sapper Leader).

This directive applies to all three Army components.

Soldiers in MOS 12B are expected to be proficient at a wide-variety of tasks, including demolitions, route and mine clearing, constructing fighting positions, erecting fixed and floating bridges and operating heavy equipment.

6 x 4.75 AD

Sergeant Major of the Army: cyberbullying is 'out of control'

By Martha C. Koester
NCO Journal

Of all the topics raised for discussion May 15 during the Noncommissioned Officer Solarium 2015 at Fort Leavenworth, Kan., the one that drew the most spirited reaction was the one not on the itinerary.

Many of the assembled NCOs were taken by surprise when cyberbullying was added as a discussion point at the Solarium, but after Sgt. Maj. of the Army Daniel A. Dailey, a frequent Internet target, told senior leaders that online decorum is out of control in the Army, they all agreed to do something about it.

An anti-cyberbullying policy exists, and Soldiers may be prosecuted, Dailey said. Cyberbullying includes virtual taunts, whether it is targeted at a specific person or trolling, negative comments launched against the Army.

"Because we already have the authority, we are going to go after this," the sergeant major of the Army said. "When

Soldiers harass, put damaging things on the Internet, they are not in keeping with the honor, tradition and the stewardship of the profession. If you said something that was sexually explicit in nature, that is derogatory against another Soldier, that's sexual assault – whether it's on the Internet, whether you say it verbally. My fear is that Soldiers think it's OK, but they know it's not OK at work."

Although Dailey has often found himself on the receiving end of Internet criticism, he said it only bothers him that "Soldiers see those things and that the American public knows" that Soldiers are actually the cyberbullies.

"I'm convinced that 99 percent of Soldiers wouldn't say that stuff in public," he said. "I believe American Soldiers are entitled to their own opinion, but when you put a uniform on you represent the United States Army."

Dailey feels so strongly about the issue that he chose not to follow former Sgt. Maj. of the Army Raymond F. Chandler



Photo by Jonathan Koester

Sgt. Maj. of the Army Daniel A. Dailey speaks to noncommissioned officers during a town hall meeting May 11 at Schofield Barracks, Hawaii. Dailey spoke earlier in May against cyberbullying in the Army at the NCO Solarium 2015 at Fort Leavenworth, Kan.

onto Facebook by opening an official page.

"I specifically said we are not going to have one as the sergeant major of the Army, because I have a whole bunch of avenues for people to contact me," he said. "From a business perspective, we are in the business of leading Soldiers by example. I just choose not to put my personal life on the Internet."

Dailey said cyberbullying is out of control because the Army has a policy and doesn't enforce it. The sergeant major of the Army solicited

recommendations from the senior NCOs at the Solarium to fix the growing problem.

Dailey also debated whether some civilian businesses' practice of asking employees to register all their social media accounts is the answer.

"Once Soldiers are in the Army, we have to start reinforcement training from the get-go," said Master Sgt. Cynthia Hodge, operations NCO for 426th Brigade Support Battalion, 1st Brigade Combat Team. "We are the poster boards for the

United States Army when we put on this uniform, and if you're going to say things that eventually are going to come back and are going to be damaging to yourself, the Army and your unit, there has to be repercussions for it. End of discussion."

Some units are already providing training on social media, NCOs said.

"Being in Special Operations Forces, our identities require protection. Our command recently developed an identity management brief," said Sgt. 1st Class Maria K.

Williams, human intelligence senior sergeant, U.S. Army Special Operations Aviation Command. "Identity management briefs teach Soldiers and their families how to protect their identities. It also educates; ramifications and United States Code of Military Justice are discussed in regards to what you put online."

Some of the senior NCOs at the Solarium said they take advantage of Facebook to ease communication with their Soldiers. It is possible to successfully separate your private life from your professional one, said 1st Sgt. Robert V. Craft Sr., mechanical maintenance NCO and 1st sergeant with 1st Battalion, 16th Infantry Regiment.

"I created a page on Facebook recently; I only deal with Soldiers on the page," Craft said. "The reason being is I realized that I didn't want Soldiers in my personal life. When it comes to my Soldiers, I don't see the bullying, so I wasn't aware that cyberbullying was a problem."

See CYBERBULLY, P17

Common access card change aids visually color impaired security officers

By Terri Moon Cronk
DOD News, Defense Media Activity

The Defense Department's common access card is undergoing modification to make it easier for visually color-impaired security officials to identify bearers who are military, government or contractor civilians, or foreign nationals, a Defense Human Resources Activity official said recently.

The changes to the cards are federally mandated, Sam Yousef, a DHRA iden-

tification card and benefits policy program manager, said in a DOD News interview June 16.

Beginning in July, only new CACs will be issued with the changes – encircled letters "W" for military and civilian employees, "G" for contractors and "B" for foreign nationals, Yousef said. The encircled letter will appear under the card's expiration date.

The letters will accompany white, green or blue bands across the cards, so security officials who can-

not discern color can rely on the letter instead, Yousef said.

Security officials will recognize the new format as valid DOD cards on military installations both stateside and overseas, Yousef said.

Another change on the CAC will be varied type size to accommodate the length of employees' names, he said. Standard type size is 10 point, but 7-point type will be used for longer names, he explained.

Yousef emphasized that DOD employees with up-

to-date CACs do not need to get new cards. The new format will only be issued for new and expiring cards.

"The change is going to be implemented through the natural life cycle of the cards, so people don't need to have their cards replaced for this purpose," he said.

New CAC holders and those whose cards are about to expire can update them at their Defense Eligibility Enrollment Reporting System ID card office, Yousef said.



New Department of Defense common access cards will aid security officials who are visually color impaired by adding encircled letters "W" for military and civilian employees, "G" for contractors and "B" for foreign nationals.

Courtesy image

Army temporarily expands re-enlistment window

By Daniela Vestal
U.S. Army Human Resources
Command Public Affairs

The re-enlistment opportunity window for Soldiers, which previously ran from 15 months to 90 days before their separation from the Army, has been temporarily suspended, but only for Soldiers with a separation date through Sept. 30.

A Soldier's window for re-enlistment now runs from 15 months before their separation, up to the actual date they leave the Army to retain quality Soldiers.

Before this suspension, a Soldier had to make the decision to re-enlist by the time they were 90 days away from completing their contract. If the Soldier changed their mind within this window, they were required to

submit an exception to policy.

Once the exception was submitted through the first colonel in the Soldier's chain of command, it would then go to U.S. Army Human Resources Command, or HRC, for adjudication, said Sgt. Maj. Vickie Rivera, retention and reclassification sergeant major for the Enlisted Personnel Management Directorate at HRC.

The process often took several weeks, Rivera said. With this new 90-day window suspension, a Soldier will only need to speak with their commander and first sergeant to reverse a decision to leave active-duty service.

The goal of retaining good Soldiers is the same as it always has been, Rivera said. This suspension does not change the

requirements for Soldiers, who want to stay active duty and re-enlist.

"They still need to be a quality Soldier," Rivera said. "What we see at our level is all the paperwork and the documentation. This suspension streamlines the procedure to be faster."

Sgt. Maj. Mark Mayo has been in the recruiting and retention field for 25 years and is serving as the retention sergeant major for the XVIII Airborne Corps.

Mayo said the suspension, of the 90-day window, will likely not affect a large majority of Soldiers eligible for re-enlistment. However, for the handful of Soldiers, who find themselves in an unexpected situation, where they want to reverse a decision to leave the Army, the change will

benefit them.

"There are some good Soldiers out there whose plans do fall through, either with college or jobs, or their spouse gets pregnant," Mayo said. "There's a lot of things that come up; so this change would give them the opportunity to move forward."

Accompanying this suspension, Soldiers within the 90-day window from their separation date will be offered the same options as Soldiers re-enlisting several months before they are due to leave active-duty service, Rivera said.

Previously, a Soldier re-enlisting within this window was limited in choice for potential duty assignments, or locations, based on the

See RE-ENLIST, P17

CLEANING UP CANYON LAKE



Photo by Joel Martinez

Dillon Tyson (left) and Thomas Bonecutter, 502nd Force Support Squadron recreational aides, clean up debris heavy rains left behind June 24 at the Joint Base San Antonio Canyon Lake Recreational Park. Members of the 502nd FSS are working around the clock to repair damages caused by recent flooding and rain at Canyon Lake. For up-to-date information on what is available at Canyon Lake over the Fourth of July weekend, visit <http://www.facebook.com/JBSARandolph> or follow on Twitter at @JBSARandolph.

3 x 2.35 AD

3 x 2.35 AD

3 x 4.75 AD

Doctrine defines Army ethic in new chapter

By Bill Ackerly

Mission Command Center of Excellence Fort Leavenworth, Kan.

A major revision of Army Doctrine Reference Publication, or ADRP 1, the Army Profession, includes a new chapter on the Army ethic.

“With the addition of Chapter 2 to ADRP 1, we now have a concisely articulated, easily accessible, and understandable expression of the Army ethic,” said Brig. Gen. Bill Burleson, director of the Mission Command Center of Excellence.

The Center for Army Profession and Ethic, or CAPE, serves as the primary proponent for doctrine on the Army profession. The revision reflects nearly two years of widespread collaboration across the Army.

“It’s hard to write doctrine on how you make judgments,” noted a participant at an Army profession symposium last year,” said Col. John Vermeesch, CAPE director. “The heart of the Army profession is the Army ethic, which guides Soldiers and Army

civilians in making right decisions and taking right actions in the conduct of the mission, in the performance of duty, and in all aspects of life.”

ADRP 1 is published not only in PDF format on the Army Publishing Directorate, but also in ePub format, which can be read on any mobile device.

As the Army moves further into the 21st century, the Army is in a period of strategic transition, which presents tremendous opportunities for the profession. The Army should be the nation’s leading institution for leader, human capital, and ethical development. The Army must intensify its understanding of what it means for the Army to be a profession and ensure all Soldiers and leaders understand their respective responsibilities.

ADRP 1 describes the essential characteristics, which identify and establish the Army as a military profession:

- Trust
- Honorable service
- Military expertise
- Stewardship

• Esprit de corps

Consistently demonstrated, the characteristics of the Army profession reflect American values, the Army ethic, and the Army’s approach to accomplishing its mission in support and defense of the Constitution.

Trust is the bedrock of the Army’s relationship with the American people. Within the Army profession, mutual trust is the organizing principle necessary to build cohesive teams. The Army’s ability to fulfill its strategic role and discharge its responsibilities to the nation depends on:

- Trust between Soldiers.
- Trust between Soldiers and leaders.
- Trust between Soldiers and Army civilians.
- Trust among Soldiers, their Families, and the Army.
- Trust between the Army and the American people.

Soldiers pursue a noble calling and contribute honorable service as a partner within the armed forces and, along with other government services, dedicate them-

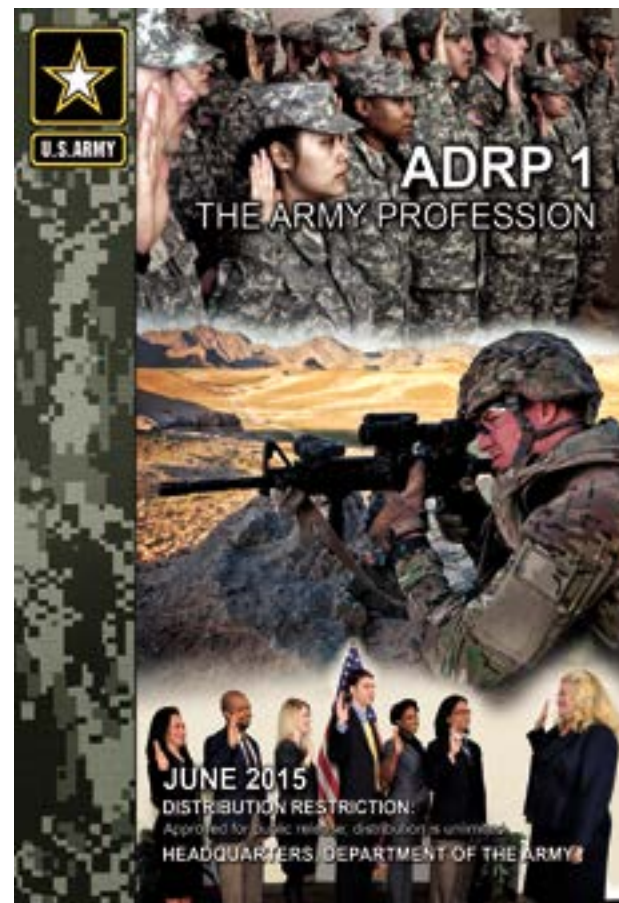
selves to defending the nation, the Constitution and the interests of the American people. Soldiers are competent professionals with the expertise to accomplish the mission the right way (ethically, effectively and efficiently).

Soldiers stand strong as stewards to maintain the Army profession by upholding the Army ethic – preventing misconduct and doing what is right to stop unethical practices. The commitment of the Army profession to fulfill this duty is demonstrated with indomitable esprit de corps – winning spirit – and the ability to be always ready and resilient.

The Army ethic is expressed in law, Army values, creeds, oaths, ethos, and shared beliefs embedded within Army culture.

It inspires and motivates the conduct of Army professionals – Soldiers and Army civilians, who are bound together in common, moral purpose.

“As Soldiers and Army professionals, we accomplish the mission as a



U.S. Army photo

A major revision of Army Doctrine Reference Publication, The Army Profession, includes a new chapter on the Army ethic.

team - Soldiers and Army civilians, who are bound together in common, moral purpose,” Burleson said. “They contribute their best effort, do what is right to the best of

their ability, and always strive for excellence. Leaders set the right example, live by and uphold the Army ethic, establish a positive climate, and inspire the team.”

DOD launches utility jobs training for troops, veterans, spouses

By Terri Moon Cronk

DOD News, Defense Media Activity

The Department of Defense announced a partnership June 9 to launch employment training for transitioning service members, veterans and military spouses in highly skilled utility industry jobs.

The Utility Industry Workforce Initiative is a public-private partnership comprising DOD, the departments of Energy, Veterans Affairs and Labor, and private-sector

companies Edison Electric Institute, Center for Energy Workforce Development, Nuclear Energy Institute, National Rural Electric Cooperative Association and American Gas Association, defense officials said.

The initiative’s goal is to promote and design training and credentialing opportunities for applicants to enter the utility industry, officials noted.

The announcement builds on the White House effort that began in April to help America’s

veterans find high-quality jobs, with a goal to train 75,000 workers for the renewable energy industry by 2020. About 200,000 service members leave the military annually.

The energy sector is projected to require an additional 1.5 million workers by 2030 to modernize the nation’s energy infrastructure, according to Quadrennial Energy Review.

The VA’s Veterans Economic Communities Initiative will work with

local resources to connect transitioning service members, veterans, and their families on training and employment opportunities.

The Department of Labor will match military occupation codes with credentialing opportunities in the utility sector, and expand training capacity in SkillBridge through the community college structure.

The DOD SkillBridge authority promotes civilian job training available to transitioning military

service members.

“This announcement is just the latest example of how leveraging our new SkillBridge authority can help in easing the transition of our service members to civilian life – while delivering real value to the American economy,” said Frank C. DiGiovanni, the DOD director of force readiness and training.

“As we have seen, by the private sector participating in SkillBridge, it just makes good business sense,” he added.

SkillBridge will help link military occupations to utility jobs, and active-duty troops can receive entry-level utility training, such as apprenticeships or internships, in their last six months before separation.

To qualify, the eight- to 12-week training must lead to a “high probability” of employment and must be provided at little or no cost to service members, officials said.

Defense officials said the strategic plan will roll out later this year.



Teen Talk

Mondays, 9-10 a.m. and 2-3 p.m. A discussion group for teens on teen-related topics. Participants must be enrolled in Youth Programs. Morning sessions meet at the Middle School Teen Center, building 2515. Afternoon sessions meet at the Youth Center, building 1630. Call 221-2418.

Helping Us Grow Securely Playgroup

Tuesdays, 9-11 a.m., Joint Base San Antonio-Fort Sam Houston Middle School Teen Center, building 2515. This playgroup provides interaction for infants and toddlers as well as an opportunity for parents to socialize. Open to parents and their children, ages 5 and under. Registration not required. Call 221-2418.

Post-Deployment Resiliency Training

Wednesdays, 1-3 p.m., Joint Base San Antonio-Fort Sam Houston Military & Family Readiness Center,

building 2797. All service members returning from deployment are required to attend resiliency training to help reintegrate back into the home life. Discuss how to deal with the stressors associated with post-deployment. Call 221-2418.

Read to the Rhythm Summer Reading Program

The Joint Base San Antonio libraries encourages families to shake, rattle or roll to the library for "Read to the Rhythm!," the Department of Defense Summer Reading Program. During the next two months, the libraries will host a range of free activities for children, teens, and adults that encourage and support a love of reading. Register now through August, participants win prizes for reaching their reading goals. Visit the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library each Thursday at 10 a.m., the JBSA-Lackland Library each Tuesday at 10 a.m. and the JBSA-Randolph Library each Wednesday at 10 a.m. to take part in special activities. For more information, call the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library 221-4702; the JBSA-Lackland Library 671-2673; or the JBSA-Randolph Library

652-5578; or visit <http://www.jbsalibraries.org>.

Teens Gather For Fun

Teens, ages 13 and older, can check out Youth Programs Teen Summer Camps through Aug. 21 from 6 a.m. to 3 p.m., offering swimming, field trips, learning life skills, community service projects and more. The field trips include visits to state parks, colleges and tubing. The cost for the camps is \$120 per week which includes breakfast, lunch, snack and most entry fees. Registration is open until all camps are full. For more information, call Youth Programs at 221-3502 or register at Parent Central.

Armed Forces Action Plan: Voice of the Customer

The Armed Forces Action Plan is the "Voice of the Customer." It engages service members, family members, survivors, retirees and Department of Defense civilians across all components to identify, prioritize, and elevate quality of life issues and concerns to senior leaders for action and resolution. To voice a quality of life issue or to volunteer during the AFAP conference, call 221-2380 or email usaf.

jbsa.502-abw.mbx.502-fss-volunteer@mail.mil. Quality of life issues may also be submitted online at <http://www.myarmyonesource.com> (under the Family Programs, click on the Army Family Action Plan Issue Management System link, register and submit a comment). Suggestions for the November conference must be submitted by Sept. 15.

Military and Family Life Counselors

Military and Family Life Counselors address a variety of issues such as stress, anxiety and deployment. MFLCs are licensed mental health professionals who provide situational, problem-solving counseling anonymously and confidentially. No written records are kept and it is free to military and family members. Contact a MFLC at Joint Base San Antonio-Fort Sam Houston at 517-6666 general number, 243-4143 for Army students and 488-6804 for Air Force and Navy students; at JBSA-Lackland, call 540-5025 or 540-5030 for adults, 627-0054 or 540-5033 for children and youths; and at JBSA-Randolph, call 627-1223 or 426-1412 for adults, 627-0338 or 627-0525 for children and youths.



Warrant Officer Association Meeting

The next meeting of the Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will be , at 5:30 p.m. July 20 at the Longhorn Cafe, 1003 Rittiman Road, at the corner of Rittiman and Harry Wurzbach. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. For more information, call 571-4967.

San Antonio City Pools Now Open

All 23 San Antonio Parks and Recreation Department pools are now open with free admission Tuesdays through Sundays with varying hours. Lap swimming for those who want to get in a low-impact aerobic workout will continue to be offered Tuesdays through Thursdays from 7:30 to 9:30 a.m. at the Department's four regional pools. They are Heritage,

1423 Ellison Drive; Lady Bird Johnson, 10700 Nacogdoches; South Side Lions, 3100 Hiawatha; and Woodlawn, 221 Alexander Ave. For more information and a list of pools, visit http://www.sanantonio.parksandrec/swimming_outdoor.aspx or call 207-3299.

Children's Vegetable Garden Program

The Bexar County Master Gardeners are taking applications for the Fall 2015 Children's Vegetable Garden Program. Space is limited. Children must be able to attend from 9 a.m. to noon Saturdays from Aug. 22 through Dec. 5. For more information, visit the San Antonio Botanical Garden website at <http://www.sabot.org/education/childrens-education/childrens-vegetable-garden-program>.

2nd Infantry Division Reunion

The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time. For information about the association and its 94th annual reunion in San Antonio from Sept. 22-26, email 2idahq@comcast.net or call 224-225-1202.

SURGEON from P6

Army and community events.

"I thought it was great," said Richard Kleberg, who represents South Texas. "The surgeon general was able to tell all of us what her thoughts were about where Army Medicine is, and where Army Medicine is going."

The group had dinner the first day and was able to interact with Horoho and her key staff. The following day the CASAs received a briefing from the surgeon general, visited the Army Medical Department Center and School, and had lunch with Soldiers.

After lunch, they toured the U.S. Army Institute for Surgical Research Burn Center; Center for the Intrepid, Brooke Army

Medical Center's rehabilitation facility; and the Warrior and Family Support Center.

Kleberg said he learned more about the Army Performance Triad, and the importance of being proactive to prevent illness and disease rather than being reactive, which will help reduce the cost of caring for service members, retirees and family members in the future.

Horoho told the group she believed focusing on health through sleep, activity and nutrition would improve the overall health and wellbeing of Soldiers, family members and Americans.

"Today was a very inspiring day because the care that is being provided for our Soldiers is unparalleled," said Robert French, who presents

Central Pennsylvania. "It's evident the caring, the professionalism, is giving our Soldiers who gave their best, our best. That is so important that we take care of our Soldiers."

Horoho thanked the group before they departed from the WFSC.

"Right from the very beginning there was a lot of talking and free-flowing conversation. I appreciate how much time each and every one of you has afforded us to be able to find out more about Army medicine," she said.

Allan Hoe from Hawaii expressed his appreciation, saying "I don't think there is anybody here who is an older alumnus of your organization. Forty-nine years ago I trained here as a combat medic, and I'm so proud of what you have done."

RE-ENLIST from P15

needs of the Army.

One thing, which will remain the same, is the option for a Soldier, who has signed up for the Army Reserve or National Guard to change their mind and continue on in

CYBERBULLY from P14

"When my Soldiers or my battle buddies post something that's unprofessional, I'll send them a message in their inbox. But if I saw something that violated a policy, such as cyberbullying or SHARP, then I'm obligated to report it," he said. "I think it's a good thing for us to be on social media. Not so much to track what our Soldiers do, but to provide a presence and set a positive example."

an active-duty capacity, Rivera said. They can change their mind any time before their separation date.

This is a temporary suspension, Rivera said. At this point, it is unknown when, or if, the suspension of the 90-day

However, the sergeant major of the Army's thoughts on cyberbullying were enough to spur some of the senior leaders into immediate action.

"It was an eye-opener," said 1st Sgt. Jeffrey Grothouse, infantry senior sergeant with 3rd Battalion, 81st Armor Regiment. "What's my part in this now? What am I going to do to stop this? I need to do my part to ensure that my Soldiers aren't part of the problem."

"It goes back to what I

window will be lifted.

It is important for Soldiers to stay in contact with their career counselors, Rivera said. In addition to changes in procedure, like the suspension of this pre-separation window, re-enlistment windows fluctuate.

said is the biggest challenge in the future of the Army right now it's getting back to the 24/7 mentality," said Master Sgt. Keith E. Marceau, current operations NCO, U.S. Army Pacific. "Soldiers think, 'I'm off duty; I'm just playing around on Facebook.' That's the mentality. They're not thinking I'm representing the Army 24/7. We have to beat that mentality. They have to understand that whether we are in uniform or not, 24/7, we represent."

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